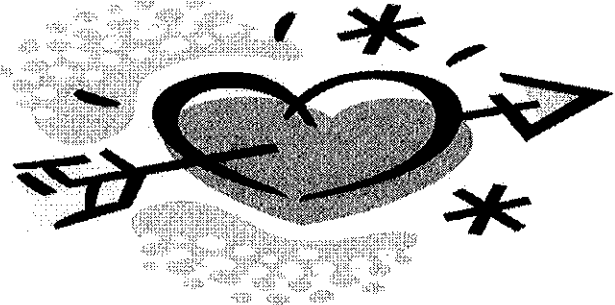




FEBRUARY 2010



Happy Valentine's Day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mac N Cheese Green Peas Choice of Fruit	2 Waffle Sticks Sausages Choice of Fruit	3 Bagel Pizza Green Salad Choice of Fruit	4 Popcorn Chicken Veggies & Dip Choice of Fruit	5 NO HOT LUNCH
8 Mac N Cheese Green Peas Choice of Fruit	9 Waffle Sticks Sausages Choice of Fruit	10 Bagel Pizza Green Salad Choice of Fruit	11 NO HOT LUNCH	12 Beef Nachos Corn Niblets Choice of Fruit
15 NO SCHOOL W I N T E R	16 NO SCHOOL B R E A K	17 Bagel Pizza Green Salad Choice of Fruit	18 Popcorn Chicken Veggies & Dip Choice of Fruit	19 Cheese Nachos Corn Niblets Choice of Fruit
22 Mac N Cheese Green Peas Choice of Fruit	23 Waffle Sticks Sausages Choice of Fruit	24 PIZZA LUNCH	25 Popcorn Chicken Veggies & Dip Choice of Fruit	26 Cheese Nachos Corn Niblets Choice of Fruit

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LUNCH CARD ORDER FORM STJ

PK—2nd Gr. Buy 10 Lunches for \$32.50 / Buy 20 Lunches for \$65.00

3rd-8th Gr. Buy 10 Lunches for \$37.50 / Buy 20 Lunches for \$75.00

(Please specify if payment is for) MILK CARDS: 20 Milks for \$8.00 / 40 Milks for \$16.00

Child's Name: _____ Grade/Teacher _____ # of Lunches/Milks: _____

Child's Name: _____ Grade/Teacher _____ # of Lunches/Milks: _____

Child's Name: _____ Grade/Teacher _____ # of Lunches/Milks: _____

Make Payment to: **St. John School** Please turn into school office.

Tel: 206-282-9595 / Email: queenanncatering@comcast.net

LUNCH NEWS

by Queen Ann Catering



FEBRUARY 2010

DID YOU KNOW? - FEBRUARY 2010 MENU DETAILS^{STJ}

MONDAY: MAC N CHEESE - Our Mac N Cheese is Homemade with evaporated milk and shredded Jack & Cheddar cheeses. We make it on the stove (not baked) so it's served creamy and hot! Served with colorful Green Peas & Choice of Fruit. **This is a Vegetarian Friendly Lunch!**

TUESDAY: WAFFLE STICKS - Everyone loves Breakfast for Lunch, and the Belgian WAF-FLE STICKS are a real favorite! Served warm and crispy - Maple Syrup on the side. Choose between Sausages **OR YOGURT CUP FOR VEGETARIANS—(NOT NECESSARY TO REQUEST THIS AT SIGN-UP)**. Served with choice of fruit.

WEDNESDAY: BAGEL PIZZA - Our Bagel Pizza is made with 1/2 of a Jumbo Bagel, topped with Pizza Sauce and 3-cheese Pizza Cheese - baked just until melted and bubbling! Served with a Green Salad with Croutons & choice of dressing, and Fresh Fruit. **This is a Vegetarian Friendly Lunch!**

THURSDAY: POPCORN CHICKEN—A favorite by far—served with lots of dipping condiments! We will be trying out different fresh cut veggies in addition to the usual mini carrots & celery sticks—such as Red Pepper Spears, Broccoli Florets & Cucumber Coins—try some! Served with choice of fruit.

FRIDAY: BEEF NACHOS - NEW TO THE LUNCH PROGRAM! The Beef Nachos are made with a generous portion of Corn Tortilla Chips (no hydrogenated oils), topped with "grass fed" ground beef, seasoned with Taco Seasoning (NO MSG!), then covered with Cheddar Cheese - and baked in the oven until the cheese is melted over the Chips! - Ole! Sour Cream and Salsa available on the condiment table. Served with Corn Niblets and Choice of Fruit. **For Vegetarian version, simply order the Nachos as Cheese Only at the time of sign-up.**

ALTERNATE LUNCH CHOICE available daily: CHICKEN CAESAR SALAD LUNCH served with crisp Tortilla Chips and Fresh Fruit.

ALA CARTE available daily: PLAIN or BLUEBERRY BAGEL with choice of Regular or Strawberry Cream Cheese. (1/2 the cost of a regular lunch)

For additional information on the Menu Items,
please contact Ann @ 206-282-9595 -OR- Email: queenanncatering@comcast.net